

## WE'RE MEANT TO LIVE IN COMMUNITY WITH OTHERS.

We're co-workers, significant others, parents, friends, acquaintances, roommates, family members and leaders. But how do we thrive in these relationships? How can we be intentional with those we spend our time? How can we love others well, and bring joy to our interactions?

Register: bit.ly/RockYourRelationships

## YOU'RE INVITED: HOW TO ROCK YOUR RELATIONSHIPS

Join us at the BEST LIFE

Movement February Workshop

Valentine's Day
Wednesday, 2/14
12 p.m. to 1 p.m.
The Frontier at RTP