This month's guest: Coach Brett Blair COACH The Best Life Movement

Presented by:

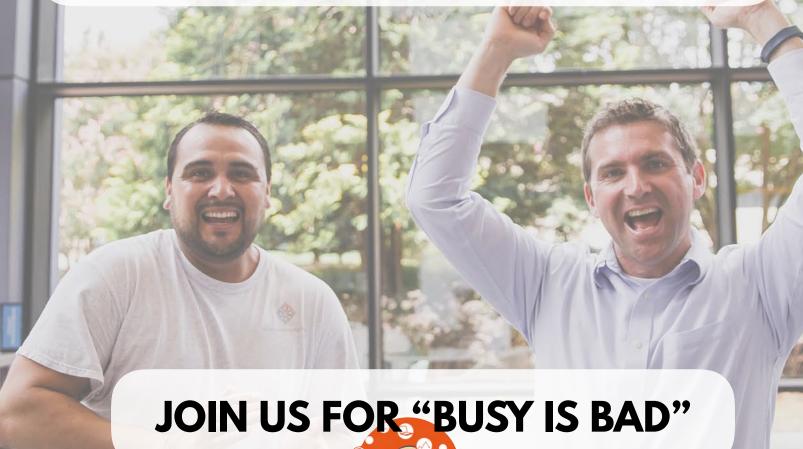
You're at a party, and you spot a friend you haven't seen in a while.

Your friend: "How are you?"

"I'm so busy!"

Have you answered like this before? Is busyness something to be proud of? What if we defined busy as people-pleasing and distracted, and sought to live on purpose?

LET'S LEARN HOW TO TRADE OUR BUSY LIVES FOR OUR BEST ONES! (LIKE THESE GUYS)



12 P.M. TO 1:15 P.M.

WEDNESDAY, NOVEMBER 8TH THE FUSION ROOM | THE FRONTIER 800 PARK OFFICES DRIVE, RTP

—RSVP for this free event: www.bit.ly/BusyIsBadWorkshop—